



Suzuki Retreat

Sponsored by **Preucil School of Music**

When: Saturday, November 9- Sunday, November 10

Where: Preucil School of Music, North Campus 2916 Northgate Drive
Iowa City, IA 52245

Who: Violin: Twinkle through book 7
Viola: Twinkle through book 6
Cello: Twinkle through book 7

Retreat Schedule

Saturday **8:00 am - 5:00 pm** **Lessons & Classes**

Sunday **8:30 am - 12:00 pm** **Lessons & Classes**

**Enrollment may impact start/end times*

During the weekend, each child will receive:

- * A one- hour group of 3-5 students with a guest clinician (Student will have a mini individual lesson and observe other students)
- * Two 50-minute small group classes, one with a guest clinician and one with an area teacher
- * One 50-minute Yoga Enrichment Class (ages 8 and up)
- * One 50-minute Art Enrichment Class (ages 7 and down)

Registration Deadline

**Meeting Locally in
Iowa City!**

**October
7th
2024**

Yoga for Young Musicians

Is an introduction to the benefits of yoga, with a focus on mindful movement, stretching, and breathwork designed to support their physical and mental well-being. Tailored specifically for growing musicians, it includes age-appropriate exercises that promote relaxation, flexibility, and mindfulness.

Art Enrichment Class

Is an opportunity for your child to explore and be creative with their hands using a variety of art materials. Enjoy an hour of supervised painting in our Art Room, drawing, coloring and more.

Chamber Program

Chamber music participants will receive:

- * All regular offerings as listed above
- * Two 50-minute chamber coaching sessions with a guest clinician or area teacher- one Sat & Sun
- * One 50- minute Yoga Enrichment Class

Requirements for Chamber Program

Violin: Students must be in Book **5** or above

(Late Book 4 will be considered for exceptional readers)

Viola: Students must be in Book **3** or above*

Cello: Students must be in Book **3** or above*

**or recommended by a teacher*

The exact Retreat scheduling and format for the weekend will depend on enrollment and instrumentation. Students wishing to participate must commit to the entire weekend due to the extreme difficulty of scheduling these sessions. Students who enroll in the Chamber portion have a responsibility to their chamber group to attend all sessions. If you are interested in participating, please fill out the registration form with your teacher, and include the Chamber fee with the Regular Retreat fee.

Why attend the String Retreat?

- To be motivated!
- To work with amazing clinicians from around the country
- To receive a “shot in the arm” of inspiration mid-year
- To build community...spend time with your Suzuki friends, new and old
- To be immersed in the Suzuki environment
- To enjoy playing together, to have FUN!
- To learn new ideas
- To reinforce skills in a new way
- To listen to parent talks & gain information to help you with your child’s practice
- To smile....laugh....enjoy time together
- To help your child become a better musician
- To nourish your musical mind
- To spend family time learning together

Cost Information

Regular Retreat

Preucil School of Music Students.....	\$100.00
Non-Preucil Students.....	\$115.00

Chamber Program

Preucil School of Music Students.....	\$40.00
Non-Preucil Students.....	\$40.00

* There will be **NO REFUNDS** of fees. If you must cancel, you may transfer your registration to someone on the waiting list.

Registration

To register, please scan the QR code provided.

Payment Methods:

Checks can be mailed to:
Preucil School of Music
524 North Johnson Street
Iowa City, IA 52245

Credit Card:

Please call accounting at 319-337-4156
*a 3% service charge will be applied to credit card payments

Direct Debit:

For Preucil Families Only



Guest Clinicians & Bios



Christie Felsing, violin

Christie Felsing is Director of Teaching and Learning at the University of Hartford's Hartt Community Division where she teaches violin in the Hartt Suzuki Program and leads the Suzuki graduate pedagogy courses. She has been active in the Suzuki Association of the Americas as a registered teacher trainer for many years, served on the SAA Board of Directors from 2004 to 2009, coordinated the 2010 SAA conference, worked as a staff member from 2014 to 2016, and served as a consultant for teacher development. Christie was assistant director at the Preucil School of Music in Iowa City, Iowa, for 17 years, and taught on its violin faculty from 1996 to 2014. In 2013, the Iowa String Teachers Association named her the Leopold LaFosse Studio Teacher of the Year. Christie received her Master of Music degree in Suzuki pedagogy with John Kendall at Southern Illinois University at Edwardsville, and her Bachelor of Music degree with Vartan Manoogian and Marvin Rabin at the University of Wisconsin-Madison. In addition, she completed a nine-month Suzuki internship with Doris Preucil in Iowa, and her arts administration training (AMICI) with the National Guild of Community Schools of the Arts.

Kimberly Meier-Sims, violin

Kimberly Meier-Sims is a registered Violin Teacher Trainer through the Suzuki Association of the Americas. She is on the Violin Faculty of the newly organized Cleveland Center for Suzuki Studies and the Cleveland Institute of Music Conservatory Violin faculty, where she is Head of the Suzuki Pedagogy Degree Program. From 2004-2022 she was the Director of the Sato Center for Suzuki Studies at CIM.

Ms. Meier-Sims received a Master's degree in performance from Western Illinois University, studying violin and Suzuki pedagogy with Almita Vamos. She earned her Bachelor's degree in performance and education from Southern Illinois University at Edwardsville under the guidance of her mentor John Kendall, the first American teacher to travel to Japan to study and observe the teaching of Shinichi Suzuki.

From 1996-2004 Ms. Meier-Sims was a full-time faculty member at the University of Memphis, teaching the two-year Suzuki Pedagogy teacher training program, coordinating the Suzuki String Program and directing the Memphis Suzuki String Summer Institute. In 1984-1996 she was on the violin faculty of the Preucil School of Music in Iowa City where she developed her teaching skills, became one of the youngest registered Suzuki Teacher Trainers in the US, and developed her administrative skills as Program Assistant and Chamber Music Coordinator. The summer of 1986, Ms. Meier-Sims traveled to Japan for a six-week study with Dr. Suzuki.

Janse Vincent, viola

Janse Vincent, a violist and violinist, currently teaches with the Suzuki Strings of Madison teaching cooperative in Madison WI. She is a member of the Madison Symphony Orchestra and Wisconsin Chamber Orchestra viola sections and plays with Con Vivo chamber ensemble. Previously, she taught at the Cincinnati String Academy and served as coordinator of their Suzuki String program. From 1992 to 1997, Janse taught at the Preucil School of Music in Iowa City, Iowa where she completed long-term Suzuki teacher training with Doris Preucil, Sonja Zeithamel and Kimberly Meier-Sims.

After concluding her undergraduate studies at Furman University, she earned a masters in viola performance from Northwestern University with Peter Slowik and a D.M.A in viola performance from the University of Iowa with William Preucil, Sr. Janse has served as a clinician at the University of Memphis Suzuki Institute, American Suzuki Institute, Capitol University Suzuki Institute and various workshops. Her association with the Suzuki method began early with violin lessons at the age of five in Gainesville, Florida.

Andrea Yun, cello

Andrea Yun is a member of the Detroit Opera orchestra; principal cellist of the Baroque on Beaver Island orchestra; and a member of the Ann Arbor Symphony Orchestra. Andrea is one of 40 Suzuki cello teacher trainers in the Americas and is on Paul Katz's CelloBello teacher training team. Andrea designed and created her extensive teacher training and student cello website, andreayun.com. Andrea has held teaching positions at the University of Michigan, University of Texas at San Antonio, Bowling Green State University, Ann Arbor Pioneer High School, and Okemos Chippewa Middle School. Andrea holds a dual bachelor's degree in music education and mathematics, as well as a master's in cello performance from Indiana University. She earned her doctorate in cello performance and pedagogy from the University of Michigan. Andrea was awarded the 2020 Teacher of the Year award by the Michigan chapter of the American String Teachers Association. Andrea lives in Ann Arbor, MI, where she homeschools her daughter. She is an avid swing dancer and park roller skater.

Tim Zeithamel, yoga instructor

Tim Zeithamel violist and educator, holds a Master of Music degree from the Cleveland Institute of Music (2008) and a Bachelor of Music degree from the University of Iowa (2005). From 2008 to 2021, he served as the Associate Principal Violist of the Toledo Symphony Orchestra and played a pivotal role as a founding faculty member of the Toledo Symphony School of Music. A Preucil Alum (2000), Tim participated in PSSO, the Gansdorf Quartet and traveled with the school to England, Germany, Japan and Korea. His primary mentors include Gwen Ying, Doris Preucil, William Preucil Sr., Christine Rutledge, and Mark Jackobs.

In addition to his musical career, Mr. Zeithamel is a certified Hot Yoga and Pilates instructor, having completed his training in Los Angeles in 2014. Since 2017, he has owned and operated a premier hot yoga studio in Toledo, bringing lessons learned from a life in the Arts and blending them into the Wellness industry.

Emily Horney, yoga instructor

Emily Horney is a dynamic Fitness Instructor who blends her healthcare background with her passion for wellness. After earning her Associate Nursing degree in 2022, Emily expanded her expertise by becoming a certified Hot Pilates instructor that same year. As a founding member of the Yoga Sculpt program at Hot Room Toledo, she has quickly become a sought-after instructor, known for her boundless energy, deep knowledge, and genuine passion for helping clients reach their fitness goals. Emily also has a special affinity for working with children, further highlighting her commitment to making a positive impact on the lives of others.

TBD, art enrichment instructor