# INSTRUCTIONS FOR FILLING OUT REQUIRED FORMS

ALL INFORMATION MUST BE COMPLETE FOR YOUR CHILD TO ATTEND PRESCHOOL

The forms that you are being asked to complete are necessary for your child to attend preschool. They not only are required by DHS, but they also are essential for the health and safety of everyone attending preschool. Please take a few moments to carefully complete each form. The following provides some guidelines:

## PARENTAL EMERGENCY MEDICAL CONSENT FORM – CHILD HEALTH EXAM FORM P. 1 & 2

- Pages 1 and 2 need to be completed in full, including physicians' names and phone numbers. All the following is required:
  - \* Names/Numbers/Addresses of Parents or Guardians: Include all numbers (home, work, cell) at which you can be reached.
  - \* Emergency Contact Name: Include all information, including relationship to your child.
  - \* Physician: Include Name, Address (INCLUDING street number), Telephone; if the clinic is located in UIHC, we need to know which clinic (peds, family care center, etc.).
  - \* **Dentist\*\*: Include** Name, Address (**INCLUDING street number**), Telephone; *if the clinic is located in UIHC, we need to know which clinic (college of dentistry).*
- Sign and Date the Form; you may date the form using the date that your child will start.
  - \*\* In the past, we've had parents tell us that their child does not have a dentist yet, or that they plan on always being available, thus don't feel the need to include an emergency contact person. However, we absolutely need this information, and your child will not be able to attend without it.

#### PHYSICAL— CHILD HEALTH EXAM FORM P. 3 \*\*\*

- New Students: We need a complete physical signed and dated by the doctor (p. 3 of the Child Health Exam Form). The physical needs to have occurred within the last year.
- Returning Students: The Health Provider Assessment Statement on p. 3 of the Child Health Exam Form is needed. Please make sure the form is signed and dated by the doctor.
  - \*\*\* Physicals need to be updated annually, so if you know your child is due at any time during the year, please ask for a form.

#### **VACCINATIONS**

Your child needs to have an updated and valid vaccination record form or a waiver.

#### TRAVEL CONSENT

• Sign and Date the consent for field trip travel. Before any field trips are taken, you will be informed.

### **AUTHORIZATION FOR PICK-UP (BACK OF TRAVEL CONSENT)**

- **Include** the names, telephone numbers, and relationship to your child of all persons who may be picking up your child.
- Sign and Date.

# Infant, Toddler, Preschool Age – Child Health Exam Form

PARENTS COMPLETE PAGES 1 and 2 - c	hild inform	ation			
Child's name		Child's	birthdate	Name of	center, provider, or preschool
				Telephor	
Parent 1 name			Parent 2 n		1C #
Child home address #1					Talanhana # 4
Child nome address #1					Telephone # 1
Child home address #2					Telephone #2
Where parent # 1 works	Nork addre	SS			Home phone #
·					Work #
					Pager #
					Cellular #
					Home email
					Work email
Where parent # 2 works	Nork addre	SS			Home phone #
l					Work #
					Pager #
					Cellular #
					Home email
					Work email
In the event of an emergency, the child care the child care center is unable to immediate provider is authorized to contact the following Parent/Guardian Signature:	ly make co ng person	ntact wit when pa	h the parer rent or gua	nts/guardia rdian can i	n. During an emergency the child care not be reached.
Alternate emergency					
contact person's name:		Rela	ationship to	child:	Phone number:
Child's doctor's name	octor's name			# 1	Hospital choice
					Hospital choice
Doctor's address		After	hours teleph	none #	Does your crillo have health
					insurance?
					ID#
Child's dentist's name		Denti	st Telephon	e # 1	Does your child have dental
					l ·
					insurance?
					insurance?  ☐Yes, Company
					☐Yes, Company ID#
Dentist's Address		After	hours teleph	none #	☐Yes, Company ID# ☐NO, we do not have health
Dentist's Address		After	hours teleph	none #	☐Yes, Company ID#
Dentist's Address		After	hours teleph	none #	☐Yes, Company ID# ☐NO, we do not have health insurance.
			·	none #	☐Yes, Company ID#  ☐NO, we do not have health insurance. ☐NO, we do not have dental insurance.
Dentist's Address  Other health care specialist name			hours teleph phone #	none #	☐Yes, Company ID#  ☐NO, we do not have health insurance. ☐NO, we do not have dental
			·	none #	☐Yes, Company ID#  ☐NO, we do not have health insurance. ☐NO, we do not have dental insurance. ☐Please help us find health or dental

<b>PARENTS</b> COMPLETE THIS PAGE	Child's Name:
Parents: Tell us about your child's health. Place an X in the box ⊠ if the sentence applies to your child. Check <i>all</i> that apply to your child. This will help your doctor plan your child's physical exam.	Body Health - My child has problems with  Skin, birthmarks, Mongolian spots, hair, fingernails or toenails.  Map and describe any skin markings
Growth  ☐ I am concerned about my child's growth.	
Appetite ☐ I am concerned about my child's eating / feeding habits or appetite.	
Rest -  ☐ I am concerned about the amount of sleep my child needs.	☐ Eyes \ vision, glasses☐ Ears \ hearing, hearing aides or device, ear-
<ul><li>Illness/Surgery/Injury - My child</li><li>☐ has had a serious illness, surgery, or injury. Please describe.</li></ul>	aches, tubes in ears  Nose problems, nosebleeds, runny nose Mouth, teething, gums, tongue, sores in mouth or on lips, mouth-breathing, snoring
Physical Activity - My child  must restrict physical activity.  Please describe.	<ul> <li>☐ Frequent sore throats or tonsillitis</li> <li>☐ Breathing problems, asthma, cough, croup</li> <li>☐ Heart, heart murmur</li> <li>☐ Stomach aches, upset stomach, colic, spitting up</li> <li>☐ Using toilet, toilet training, urinating</li> <li>☐ Bones, muscles, movement, pain with moving</li> </ul>
Development and Learning  ☐ I am concerned about my child's behavior, development, or learning.  Please describe:	<ul> <li>☐ Mobility, uses assistive equipment</li> <li>☐ Nervous system, headaches, seizures, or nervous habits (like twitches)</li> <li>☐ Needs special equipment. Please describe:</li> </ul>
☐ <b>Medication</b> - My child takes medication. List meds taken at home, preschool, or in child care. List the name, time medication taken, and the reason medication prescribed.	☐ Allergies - My child has allergies (food, medicine, fabric, inhalants, insects, animals, etc.). Please describe.

Parent questions or comments for the health care provider:

# Iowa Child Care Infant, Toddler, Preschool Age – Child Health Exam Form

<b>DOCTORS</b> COMPLETE THIS PAGE <sup>1</sup> Child's Name:	<b>Immunization:</b> Doctor may attach a copy of Iowa Department of Public Health Immunization Certificate
Birthdate: Age today:	DtaP/DTP/Td
Date of Exam:	Hepatitis B
Height or Length:	HIB
Weight	Influenza
Head Circumference (for children under 2 yr.):	MMR
	Pneumococcal Polio
Body Mass Index (for children over 2 yr.):	Varicella
Blood Pressure (start @ age 3 yr.):	Other
Hgb. or Hct.: (start @ 1 yr.)	TB testing (for high risk child only)
Blood Lead Level: (start @ 1 yr.)	Medication: Physician authorizes the child may re-
Sensory Screening:	ceive the following medications while at child care: (include <u>over-the-counter</u> and <u>prescribed</u> )
Vision Right eye Left eye	
Hearing Right ear Left ear	Medication Name Dosage  ☐ Diaper crème:
Tympanometry (attach results)	·
Developmental Screening:	Pain reliever:
Personal-Social	Sunscreen:
Fine Motor-Adaptive	☐ Cough medication
Language	•
Gross Motor	Other Medication should be listed with written instructions for use in child care.
Developmental Referral Made Today: □Yes □No	
<b>Exam Results:</b> (n = normal limits) otherwise describe	
HEENT	Deferrale made.
Oral/Teeth	Referrals made:  Referred to <i>hawk-i</i> today 1-800-257-8563
Date of Last <b>Dental</b> Exam: Dental Referral Made Today:Yes No	
Heart	Health Provider Assessment Statement:
Lungs	The child may participate in developmentally appropriate child care/preschool with <b>NO</b> health-related
Stomach/Abdomen	restrictions.
Genitalia	☐ The child may participate in developmentally ap-
Extremities, Joints, Muscles, Spine	propriate child care/preschool with these restric-
Skin, Lymph Nodes	tions:
Neurological	
Space is available on <u>back page</u> for detailed physician comments or instructions.  1 Iowa Child Care Regulations require an admission physical exam report within the previous year. Annually thereafter, a statement of health condition signed by an approved health care provider. The American Academy of Pediatrics has recommendations for frequency of childhood pre-	Doctor Signature Circle the Provider Credential Type: MD DO PA ARNP Address: Telephone:
ventative pediatric health care (RE9939, March 2000) www.aap.org	

Health Care Provider comments or instructions:	

			ecommendations for Preventive Pediatric Health Care  AGE <sup>2</sup>										
Health Provider's Guide									1.0				
		1	2	4	6	9	12	15	18	24	3	4	5
		mo	mo	mo	mo	mo	mo	mo	mo	mo	yr	yr	yr
History:	Initial and Interval	•	•	•	•	•	•	•	•	•	•	•	•
Measurement:	Height/ Weight	•	•	•	•	•	•	•	•	•	•	•	•
	Head Circumference	•	•	•	•	•	•	•	•	•			
	Blood Pressure										•	•	•
Sensory Screen: Vision		S	S	S	S	S	S	S	S	S	0	0	0
-	Hearing	0	S	S	S	S	S	S	S	S	S	0	0
Developmental Screening			•	•	•	•	•	•	•	•	•	•	•
Complete Unclothed Physical Exam			•	•	•	•	•	•	•	•	•	•	•
Lab:	Hereditary/Metabolic Screen	$\bullet^3$											
	Hematocrit or Hemoglobin					• -	-	<b>•</b> -					<b>&gt;</b>
	Urinalysis												•
	Lead Test						•		<b>♦</b>	<b>●</b> <sup>4</sup>	•	<b>♦</b>	<b>♦</b>
	Cholesterol Screen									•			<b>&gt;</b>
	TB test <sup>5</sup>						•						<b>&gt;</b>
Immunizations:	per Iowa schedule <sup>6</sup>	•	•	•	•	•	•	•	•	•	•	•	•
Family Guidance:	Injury Prevention	•	•	•	•	•	•	•	•	•	•	•	•
	Child Car Seat Counseling	•	•	•	•	•	•	•	•	•	•	•	•
	Tricycle Helmet Counseling									•	•	•	•
Sleep Position Counseling			•	•	•	•	•						
Nutrition & Physical Activity Counseling		•	•	•	•	•	•	•	•	•	•	•	•
	Violence Prevention	•	•	•	•	•	•	•	•	•	•	•	•
	Child Development Guidance	•	•	•	•	•	•	•	•	•	•	•	•
1.6	Critic Dovelopment Odidanoc	_				_	_	_	_	_		-	<u> </u>

Key: • = to be performed

◆ = to be performed for at-risk children

→ = Range in which the task may be completed

**S** = Subjective, by history

O = Objective, by standard testing

<sup>&</sup>lt;sup>2</sup> If a child comes under care for the first time at any point on the schedule, or if any items are not accomplished at the suggested age, the schedule should be brought up to date at the earliest possible time.

<sup>3</sup> All powberns should receive metabolic screening (e.g. Thyroid homoglobinopathics, RKLL galactescemic) during possible paried.

All newborns should receive metabolic screening (e.g. Thyroid, hemoglobinopathies, PKU, galactosemia) during neonatal period.

Lead testing should be done at 12 & 24 months, Testing may be done at additional times for children determined at risk. Lead program 1-800-242-2026.

TB testing for only at-risk children, Iowa TB program 1-800-383-3826.

Lead program 1-800-242-2026.

Towa Immunization program 1-800-831-6293.

# Iowa Department of Public Health Certificate of Immunization

Name Last:			First:		Middle:		Date of Birth:
Parent/Guardian:			Address:				Phone: <b>( )</b>
I certify that the	above named appli	icant has a re	I certify that the above named applicant has a record of age-appropriate immunizations that meet the requirement for licensed child care or school enrollment	meet the requirement	for licensed child c	are or school e	enrollment.
Signature:	Dhucirian Dhucirian Assistant Nurse or Cartified Medical Assistant	Nurse or Certified N	Madinal Assistant	Date:			
-	iyordan, 1 nyordan Assistant,	00,00	Middled Assistant	:	•		
	A repres	entative of the	A representative of the local Board of Health or Iowa Department of Public Health may review this certificate for survey purposes	lic Health may review this	certificate for survey	purposes.	
	Vaccine	Date Given	Doctor / Clinic / Source		Vaccine	Date Given	Doctor / Clinic / Source
Diphtheria, Tetanus,				Meningococcal MCV4/MPSV4			
DTaP/DTP/DT/							
Td/Tdap				Hepatitis A			
				Rotavirus			
<b>Polio</b> IPV/OPV							
				Human			
				Papilloma Virus			
Measles,				•			
Mumps,							
MMR				Other			
Haemophilus							
<i>influenzae</i> type b							
Hib					:		
				A the control of		Licensed Child Care Requirements	uirements
				4 through 5 months 1 dose Diphtheria/Tetanus/Pertussis	ertussis	4 doses Dig	19 through 23 months doese Diphtheria/Tetanus/Pertussis
Hepatitis B				1 dose Hib		3 doses Hik	3 doses Hib with the final dose in the series ≥ 12 months of age, or 1 dose
				6 through 11 months		1 dose Mea	T dose Measles/Rublas > 12 months of age.  1 dose Varicella > 12 months of age.  1 dose Varicella > 12 months of age if born on or after September 15, 1997.
				2 doses Polio 2 doses Polio 2 doses Polio	election	or a	a reliable history of natural disease.  eumococcal; or 3 doses if received 1 or 2 doses
:				2 doses Pneumococcal			2 months of age; or 2 doses if received 1 dose $\geq$ 12 months of age has not received this vaccine before.
Varicella Chicken Pox				3 doses Diphtheria/Tetanus/	Pertussis		24 months and older Same requirements as the 19-23 months except 4 doses Pneumococcal if received 3 deces 4.12 months of and 12 deces if received 2 deces
If applicant has a history of natural				2 doses Hib or 1 dose receive 3 doses Pneumococcal if rec	2 doses Hib or 1 dose received at > 15 months of age. 3 doses Pneumococcal if received 1 or 2 doses < 12 months		in received 3 doses < 1.2 minums of age, to 3 doses in received a doses < 1.2 months of age; or 2 doses if received 1 dose < 1.2 months of age or 2 doses if received 1 dose < 1.2 months of age or 2 doses if neceived 1 dose eithor doses if no doses or received 1 dose between 12 and 23 months of age; or 1 dose if no doses
disease write "Immune to				of age; or 2 doses if or a not received the	received 1 dose > 12 months of aquis vaccine before.		had been received prior to 24 months of age.
Varicella"				4 years of age and older	Elementar Elementar	Elementary/Secondary School Requirements	Kequirements
Pneumococcal PCV/PPV				dose received ≥ 4 ye  > 4 years of age if bo	ars of age if born after September	r 15, 2000, but before Sep 2000.	• Joseph Pylinteria reality Firebas will at each local recovered 2 4 years of age if both of the dependent 15, 2005, or 4 ucases, with 1 dose received 4 years of age if both after September 15, 2000, but before September 15, 2003, or 3 doses, with 1 dose received > 4 weats of age if both on the fore September 15, 2000.
				4 doses Polio with 1 dose rec	eived > 4 years of age if born on on the ser 15, 2003.	or after September 15, 200	03; or 3 doses, with 1 dose received ≥ 4 years of age if born
				2 doses Measles/Rubella; the 3 doses Hepatitis B if born or	e first dose shall have been receiv n or after July 1, 1994.	ed ≥ 12 months of age; th	e second dose shall have been received ≥ 28 days after the first.
				2 doses Varicella ≥ 12 month 1997, but before Sep	s of age if born on or after Septen tember 15, 2003, unless the appli	nber 15, 2003; or 1 dose re icant has a reliable history	eceived ≥ 12 months of age if born on or after September 15, of natural disease.

# Preucil School of Music Preschool Pick-up Permission Form

Child's Full Nam	ne:		
	•	ild to leave the Preucil School of M it is my responsibility to notify the s	fusic Preschool with the following school, in writing, of any changes to
Parent's full nam	1e:		
(Or guardian)	Please Print.		
Parent's signatur	re:		
(Or guardian)			
Today's date:			
Name:		Relationship:	Phone Number:
		Parent #1	
		Parent #2	
		Emergency care person	
If there is a separa	ntion or divorce cu	ustody problem of which we should	be aware, please explain.
Is there anyone w	ho may NOT pick	c up your child? If so	, please explain.

# Preucil School of Music Preschool Travel and Activity Authorization and Release of Liability

I/We, the U	Judersigned parent(s) or guardian(s) of,
	(Please print name of student)
consent to	the participation of our child in the educational trips planned by the Suzuki Preschool of the
transportat do release liability for	nool of Music for the current academic year and following summer session. We understand that ion for these trips may be by car, by public transportation, or by walking. We, the undersigned, and discharge the Preucil School of Music, its officers, employees and volunteers from any r injury suffered by the named student in transit to and from and at each activity except for gligence on the part of the School, its officers and employees.
Parents wil	ll be notified before each field trip. Restrictions include:
	Each person will be secured in a seat belt and/or car seat as required by law for any field trip.
	ADDITIONAL RESTRICTIONS, if any, set by parents.
2.	
3.	
Date	Signature of Parent/Guardian